MINI BULLETIN – 23 November 2023

**The NHS has teamed up with Morrisons supermarket to put extra labels in underwear reminding people to see their GP if they spot potential symptoms of Breast or Testicular Cancer.**

 People should look out for lumps and bumps or "anything unusual".

The Nutmeg-branded boxer shorts and crop-top bras will be in 240 stores in England in the coming months.

A QR code on the packaging and tags directs customers to more detailed health information on the NHS website.

A white label on a blue and white striped fabric

Description automatically generated

**General Practices moving to digital telephony**

Ahead of the public switched telephone network (PSTN) switch off, the funding available for Practices to move to digital telephony requires contracts to be signed before Friday, 15 December 2023.

GP Practices face tens of thousands of pounds in extra costs under plans for a near-10% **rise in the minimum wage in 2024,** raising fears some could struggle to survive unless the increase is matched in next year's GP Contract.